

by Coach Vicki Woodard

## Varsity Girls' Volleyball Continues English Lesson

**This week's volleyball vocabulary word is "shel-lacking" – to thoroughly defeat.** The girls' varsity volleyball team did just that in what should have been a difficult double header event against the 8-1 number two team in Omega League, First Lutheran. The first set was a close 25-22. Following that wake up call, the girls kicked it into overdrive and won the second set 25-12 to win the first match two games to none. Hannah Rhodes had 7 kills and Noelle Mueller had 5 kills to lead Hillcrest.

The following match proved to be more of the same with the Lady Saints continuing their domination of number two, First Lutheran. Behind the leadership of Lindsay Luebbert's 9 set assist and Diane Mooshoolzadeh's 9 ace serves, the Saints won the second match 25-8 and 25-10. Keeping a team to 10 points or less in rally scoring is an extremely difficult task.

With an overall record of 14-2 and a league record of 11-0, the girls volleyball team is making noise throughout the Omega league as the team to beat. They have only three more regular season games this week – Tuesday and Wednesday are away at Westmark and Pilgrim. Thursday's 4:00 P.M. home game is the last regular season game for the Lady Saints. Mark your calendars to come and root them on to victory and into the playoffs. With the girls' intensity and God's help, this could be the year to go all the way and claim a state championship. Rally together all you Saints, and let's cheer these ladies to victory!

by Coach Tim Dominguez

## Varsity Football Wrap-Up

The Saints varsity football played a hard-fought game against First Lutheran on Friday. The final score was 36-22 with First Lutheran coming out with the win; however, the game was much closer than the final score indicates. The young men of HCS played with tenacity, spirit, and great sportsmanship throughout the game.

The four seniors brought the team back from a 22-0 deficit with great leadership and determination. On the offensive side, Erik Jansen had two exciting touchdown runs while gaining 137 yards on only 18 carries; he also added four points on two PAT's. Erik was very fortunate to have the big guy Brock MacPherson lead blocking for him on those fantastic runs. Brock also added 46 yards on 11 carries. Logan Baltau played tough and scored his first touchdown on a QB sneak, with some nifty moves in close quarters.

On the defensive end, there was great team effort with

# GO SAINTS!



Matthew Woodard leading the team with seven tackles, followed by Erik with six tackles and two sacks. Colby Dundas and Brock had 4 tackles each; Colby got 2 sacks with Brock adding 1 sack on their quarterback. Jason Suh contributed with 3 tackles and great hustle. Junior Ace Lee had 2 tackles with solid coverage on their receivers. Freshman Jake Knapp added 1 tackle and 1 sack and caused a fumble. Fellow freshman Gio Hernandez added two tackles, one sack, and a great interception.

Overall the team was greatly united throughout this season. Through trial and error and sweat and blood, the team came together as brothers. The experience of leading a team through a challenging season was unforgettable and irreplaceable. Watching the young players flourish under the leadership of their older peers was not only encouraging, but no doubt will be an experience they will remember the rest of their lives. The team and the Hillcrest family are looking forward to another football season next year and can only hope that they will experience the same camaraderie and friendship as this year's team.

by Nancie Blumenthal

## **Hillcrest Saints 7<sup>th</sup> & 8<sup>th</sup> Grade Flag Football**

The Saints avenged their heartbreaking loss of a few weeks ago with a tremendous 13-6 victory over Cornerstone Christian. Led by outstanding coaches, Mike Kunkel and Steve Livingston, the boys showed amazing character and discipline dominating the opposing team from the moment they took the field. The first score came when Austin Ochoa intercepted a pass and with lightning speed ran it untouched into the end zone. This was only the first of four interceptions, one by David Livingston and two by Blake Jansen, that left the Cornerstone team reeling. The defense was unrelenting in its pressure leaving little room for advancement. The Hillcrest offense was in top form that day as well. The second touchdown was again scored by quarterback, Austin Ochoa with another stunning run. The scoring was completed with a quick pass to Jefferson Blumenthal for the extra point. Great job Saints!

Last week the boys found themselves once again in Ventura to play Ventura Missionary. From the starting drive, the Saints imposed their will on this formidable opponent. Undaunted by a missed scoring opportunity early on, both offense and defense rallied in our strongest performance so far. The HCS defense put tremendous pressure on the opposing quarterback with an unrelenting rush from David Livingston, Blake Dundas, and Jefferson Blumenthal. Dundas made a crucial play by knocking down the opposing quarterback's pass thus ending Missionary's drive. An up the middle rushing was brought with added speed from Shane O'Brian and Braxton Lazar. Brandon McRann was a strong wall of defense as our safety and had a great but busy day keeping the opposing offense at bay. This coupled with a timely interception by Blake Jansen put Hillcrest in scoring position. A pass to Jansen put the Saints on the board. Quarterback Austin Ochoa once again showed his passing prowess by connecting with strong target receiver Jefferson Blumenthal to add another touchdown to the score. Though the other team squeaked by with an unfortunate interception run back, our boys showed grit and passion to the very last second. With literally a last minute effort, Austin used running back Alec Kunkel's lightning speed and sure hands to march down the field to move us to the one yard line. This allowed Ochoa one last play to step into the end zone for the final TD. In the end, it was a matter of extra points; the final score was 21-19. It was however a victory, because our boys played like winners to the very end. Hillcrest proved once again they are a team to be reckoned with.

## **Manna Dress Day- Tuesday Nov 11th**

The next Manna Dress Day is coming up on Tuesday, November 11. A Manna Dress Day is an opportunity for HCS students to both express their wardrobe creativity and bless the Manna food bank with needed items to help those in need. With Thanksgiving just around the corner, this is a wonderful way to show our thankfulness to God for His many blessing in our lives. In honor of Veteran's Day, students will bring in a food item in exchange for the privilege of trading in their school uniforms for attire representing our patriotism and support for our troops. Students may wear either army green or camouflage clothing in honor of our military, or red, white, and blue attire to show patriotism for our country. Army green is the ONLY acceptable shade of green if you choose that clothing option. We again have provided a list of items that are high in demand at the food bank although any item will be greatly appreciated. Please remember uniform shoes are required.

### **Kindergarten/1st Grade**

canned vegetables, canned pasta (i.e. Chef Boyardee), soups, chili, cooking oil, diapers

### **2nd Grade/3rd Grade**

condiments, mac and cheese, pasta, sugar (1lb.) toothpaste, baby wipes

### **4th Grade/5th Grade**

cereals, canned fruits, Rice-a-Roni, snack foods, conditioner, shampoo

### **6th Grade/7th Grade**

jellies and jams, Hamburger Helper, pasta sauce, instant oatmeal, toothbrushes, coffee

### **8th Grade/9th Grade**

canned meats, juices, snack foods, instant mashed potatoes, toilet paper, tuna

### **10th Grade/11th Grade**

soups, pasta. Rice-a-Roni, cereal. cooking oil, juices

### **12th Grade**

pasta sauce, canned fruits, instant mashed potatoes